



Managing Alzheimer's and Dementia for the Caregiver

If you have a loved one with Alzheimer's, or are caring for someone with AD or a related dementia, there is now a **FREE ONE DAY COURSE** to help you!

- Experience Dementia Live™: a simulation of life with dementia
- Learn practical hands-on techniques for caregiving
- Learn prevention and redirection methods to help manage difficult behaviors
- Learn ways to help reduce caregiving stress



Lunch is included and parking is free.

To register, call Griselle Solorzano at
(305) 856-8940, ext 105



UNIVERSITY OF ST. AUGUSTINE
FOR HEALTH SCIENCES

FIU

FLORIDA INTERNATIONAL UNIVERSITY

Nicole Wertheim
College of Nursing
& Health Sciences

Course developed and produced by Brain Center. Taught at FIU College of Nursing & Health Sciences and University of St Augustine for Health Sciences



Manejando el Alzheimer y Demencia para el Cuidador

*Si Ud. tiene a un ser querido viviendo con Alzheimer, o está cuidando a alguien con Alzheimer u otra demencia, nosotros le ofrecemos un **CURSO GRATIS DE UN DIA** que le ayudara!*

- Ud. participará en Dementia Live™, una experiencia de vivir con demencia
- Aprenderá técnicas para lidiar con situaciones y comportamientos difíciles
- Aprenderá métodos de ayuda práctica para el Cuidador
- Aprenderá métodos para manejar y reducir el estrés

Almuerzo incluido y estacionamiento gratis!



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